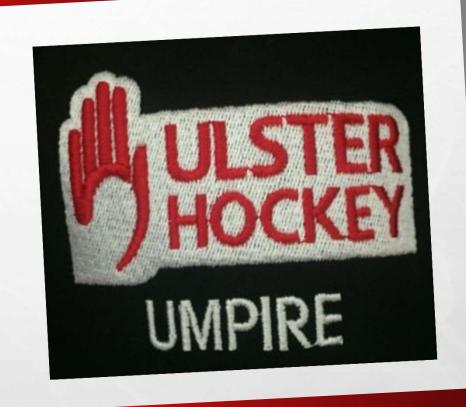
### 2025/26 SEASON

# WHAT'S NEW & WHAT'S NOT

FACE MASKS,, REMOVING PC EQUIPMENT, NON-PLAYING PERSONNEL, 40
SECONDS & BASELAYER





#### **FACE MASKS**

- FACE MASKS WILL BE MANDATORY FOR DEFENDERS DURING PCS
- IF TEAMS DON'T HAVE ENOUGH MASKS (INCLUDING IF BROKEN) THEY DEFEND THE PC WITH PLAYER WEARING HOWEVER MANY THEY HAVE
- IF DEFENDING TEAM IS PLAYING WITH NO GK THEN ALL 5 PLAYER MUST WEAR A FACE MASK
- PLEASE USE COMMON SENSE AROUND LENGTH OF TIME FOR PC SETUP
- FACE MASKS (AND OTHER PC EQUIPMENT) ARE ALLOWED TO BE WORN UP TO THE 23M LINE WITHOUT PENALTY, HOWEVER THEY SHOULD BE ENCOURAGED TO REMOVE THEM SAFELY AT THE FIRST AVAILABLE OPPORTUNITY



## REMOVAL OF PC EQUIPMENT

- IT IS CONSIDERED NEGLIGENT OR RECKLESS BEHAVIOUR WHEN REMOVING PC EQUIPMENT IF IT HITS AN <u>UMPIRE</u>, <u>OPPOSITION</u> PLAYER OR <u>SPECTATOR</u>
- A <u>PC</u> SHOULD BE AWARDED AGAINST THE DEFENDING TEAM (GUIDELINES ARE WAIST HEIGHT AND ABOVE)
- ALONG WITH THE PC THE OFFENDING PLAYER SHOULD RECEIVE A PERSONAL PENALTY - MINIMUM 5 MINUTE YELLOW CARD
- IF THE OFFENSE IS DEEMED DELIBERATE RATHER THAN NEGLIGENT THE OFFENDING PLAYER SHOULD RECEIVE A RED CARD



#### **PC EQUIPMENT**

IMAGES OF FACEMASKS AND GLOVES
GENERALLY USED AND ACCEPTED FOR
DEFENDING PCS









The following **knee protection** is only allowed when the part **above** the sock is of the colour of the sock or black <u>AND</u> when the part **under** the knee is under the socks. This part cannot be above the socks, even if that part is of the same colour of the socks.













#### **ADDITIONAL PC ADVICE**



- NO 40 SECONDS TIMING FOR PC SETUP CARDS SHOULD NOT BE ISSUED FOR ATTACKERS OR DEFENDERS
  NOT BEING READY AND A PC SHOULD NOT BE REVERSED
- TEAMS <u>CAN</u> RE-HUDDLE AT THE RE-AWARDS OF A PC. THIS HUDDLE SHOULD NOT BE ALLOWED TO LAST A LONG PERIOD OF TIME
- COMMON SENSE SHOULD BE USED WITH A PARTICULAR EMPHASIS ON SAFETY REGARDING THE USE OF FACE
  MASKS DURING PCS IF TOO LONG IS BEING TAKEN, STOP THE TIME!

- A PERSONAL PENALTY MAY BE AWARDED TO A TEAM CAPTAIN WHO IS RESPONSIBLE FOR THE CONDUCT/BEHAVIOUR OF THEIR OWN TEAM, IF THERE IS INDISCIPLINE FROM NON PLAYING STAFF ON THE BENCH
- TEAM CAPTAINS MAY RECEIVE A YELLOW CARD ON BEHALF OF NON PLAYING PERSONNEL NAMED
  ON THE MATCH CARD (TEAM TO PLAY TIME OF SUSPENSION WITH 1 LESS PLAYER)
- IF A SUB RECEIVES A **GREEN** OR **YELLOW CARD** THAT PLAYER SERVES THE SUSPENSION AND THE TEAM MUST PLAY WITH 1 LESS PLAYER FOR THE TIME OF THE SUSPENSION (IF THE PERSON ON THE BENCH CANNOT BE IDENTIFIED THE CARD SHOULD BE ISSUED TO THE TEAM CAPTAIN).
- IF A SUB RECEIVES A **RED CARD** THAT PLAYER MUST LEAVE THE PLAYING AREA COMPLETELY AND THEIR TEAM MUST PLAY THE REMAINDER OF THE GAME WITH ONLY 10 PLAYERS ON THE PITCH AT ANY ONE TIME
- IF A TEAM OFFICIAL (COACH/MANAGER/PHYSIO) RECEIVES A RED CARD
  - THAT PERSON MUST LEAVE THE PLAYING AREA COMPLETELY
  - THE TEAM CAPTAIN DOES NOT HAVE TO REMOVE THEMSELVES FROM THE PITCH AND MAY CONTINUE TO TAKE PART IN THE GAME
  - THE TEAM STILL PLAYS WITH 11 PLAYERS

#### DISCIPLINE

### NON PLAYING PERSONNEL & SUBS

#### **DISCIPLINE**

#### **MANAGEMENT OF SUSPENDED PLAYERS**

This relates to matches within Ulster that do not have a Techincal Table present

- Green Card (minimum 2 minutes )- suspended players should be sent to the area between to 2 team dugouts/benches and to the side their team is positioned
- Yellow Card (minimum 5 minutes) suspended players should be sent to their own team dugout/bench
- **Red Card** suspended player should be sent out of the ground and not be allowed to stand outside the fenced playing area

**NOTE**: players returning from **Green** or **Yellow** suspensions should be brought back on to the pitch at the next available opportunity (stoppage of play for sidelines, free hits, long corners) after the time of the suspension has been served. Players can <u>NOT</u> be brought back on during the playing of a Penalty Corner.

#### **BASELAYERS**



- UH HAVE ADVISED THAT UMPIRES ARE NOT EXPECTED TO ENFORCE TEAMS MATCH THEIR BASELAYERS TO PLAYING KIT
- IF THERE IS AN ISSUE WITH BASELAYERS UH ADVISE UMPIRES SPEAK TO THE TEAM CAPTAIN WHO SHOULD ATTEMPT TO RESOLVE IT THERE AND THEN
- IF ISSUE IS NOT RESOLVED IT SHOULD BE NOTED ON THE MATCH CARD.
   ANY REPEAT OFFENSES WILL BE MONITORED BY UH AND DEALT WITH DIRECTLY WITH THE CLUB.
- LINK TO JOMA BASELAYERS FOR ANYONE WHO WISH TO BUY MATCHING COLOURS TO UMPIRING SHIRTS

HTTPS://WWW.KITLOCKER.COM/JOMA#SEARCH:QUERY=JOMA+BASELAY ER&ATTRIB%5BCONTENT TYPE%5D%5B0%5D=PRODUCT&FIRST=0)

#### **Concussion**

This should be used in conjunction with the Hockey Ireland Guidance document that is available for download from the Umpires Portal



